# **Child Development Webinar – Technology Balance**



### Reconnect Webinars

Enhance child development, behavior and learning

# Technology Balance

*Mixed Signals:* Connection to technology is disconnecting child development.

#### **Overview**



1 in 3 of children enter the school system developmentally delayed and 1 in 6 have a diagnosed mental illness. As the "gap" widens, printing, reading and math literacy become unattainable for many children. Child behavior diagnoses and aggression escalates creating significant classroom management issues. Why? Elementary aged children use an average 7.5 hours per day of entertainment technology with over 75% of children having unrestricted access in their bedrooms. Sedentary, isolated, overstimulated, sleep deprived, and often neglected, new millennium children struggle to pay attention and learn. 1 in 11 children are now addicted to video games, pornography, texting or social media. Children with technology addictions are increasingly referred to pediatric teams to treat conditions associated with poor coordination, sensory self-dysregulation or behaviour disorders. Often misdiagnosed, these children's primary condition of *technology addiction* is not being recognized and treated. Schools are creating *Virtual Classrooms*, and homes are creating *Virtual Families*, further alienating children from essential human connection and attachment that is the basis for all learning. Children are our future, yet choices made today raise the question: are children no longer *sustainable*?

#### Goal

Mixed Signals raises awareness regarding the damaging impact of technology on child development and academic performance and provides assessment and intervention tools and techniques to manage balance between activities children need for growth and success with technology use. Balanced Technology Management initiatives are provided for clinics, schools, homes and community settings to create 'sustainable' futures for all children.

# **Learning Outcomes**

- Relate current technology research to child physical, mental, social and cognitive impairments.
- Explore the effects of media violence and cyberbullying on child aggression behavior.
- Recognize parent, teacher, clinician and physician trend to diagnose and drug child behavior.
- Evaluate technology use parameters using the technology screen and professional guidelines.
- Implement balanced technology management strategies in home, school and clinic settings.

#### **Handouts**

Technology Tool Kit (includes 75 handouts for kids, parents, teachers and clinicians)



Evidence based – Research referenced - Strategy focused

## **Creator and Speaker**

Webinar creator **Cris Rowan** is a well-known speaker and author to parents, teachers and clinicians throughout North America in the field of sensory integration, motor development, learning enhancement and the impact of technology on children's neurological development. Cris has Bachelor of Science degrees in both Occupational Therapy and in Biology and is a SIPT certified Pediatric Sensory Specialist. Cris is CEO of Sunshine Coast Occupational Therapy Inc. and Zone'in Programs Inc. offering workshops/webinars, training, and consultation services to enhance child development, behavior and learning. Cris is a prolific writer creating the <u>Child Development Series Newsletter</u>, <u>Moving to Learn</u> blog, <u>Unplug – Don't Drug</u> peer reviewed publication, <u>10 Reasons to ban handheld devices in children under 12</u> viral Huffington Post article with 7.2 million "likes", as well as her first book <u>Virtual Child – The terrifying truth about what technology is doing to children</u>. Cris is a member of the internationally renowned <u>Institute for Digital Media and Child Development</u> and the <u>Children's Screen Time Action Network - Screens in Schools Committee</u>.



## Who should buy and watch this Child Development Webinar?

Parents, teachers, administrators, special education staff, occupational therapists, speech and language pathologists, physical therapists, counsellors, physicians, psychologists, psychiatrists, social workers and childcare providers. Child Development Webinars are designed to be *introductory* level for therapists, *intermediate* for teachers and *advanced* for parents, childcare workers and teaching assistants.

## How to buy this Child Development Webinar recording?

- ✓ **Buy** this *Child Development Webinar Mixed Signals* online at <u>www.reconnectwebinars.com</u>.
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